

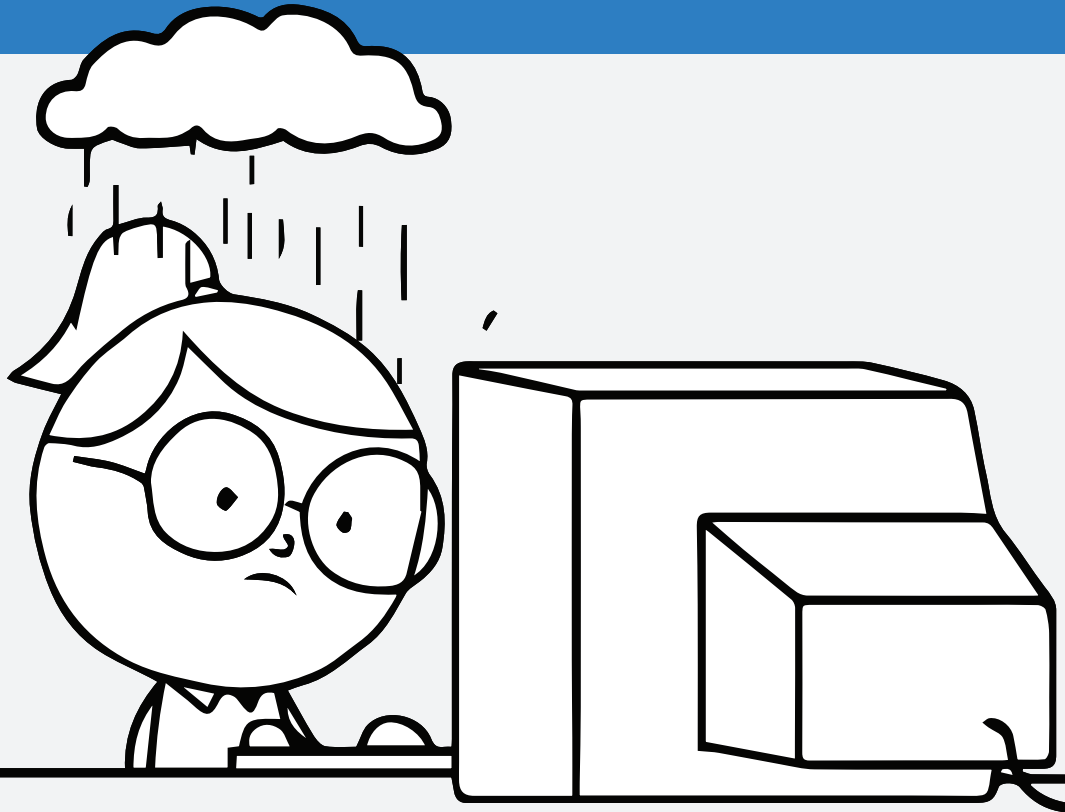
What is cyberbullying?

Ages 8–11



THE CYBERSMILE FOUNDATION

What is cyberbullying?



OBJECTIVE

To learn the meaning of “cyberbullying.”

OUTCOME

To remember what the meaning of “cyberbullying” is and to be able to tell someone what cyberbullying is.

What is Cyberbullying?



Computer



Someone



Bullies



Internet

CYBER

Anything related to computers,
phones or the internet.

BULLYING

When someone is mean to you and makes you feel sad or weak.

You may know them or it could be a stranger.

CYBERBULLYING

When someone bullies you on the computer, phone or over the internet.

How important is it to know about cyberbullying?

Not important

A bit important

Quite important

Very important

15 MINS

8–11 YRS

What is cyberbullying?

OBJECTIVE

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OUTCOME

To remember what the meaning of cyberbullying is and to be able to tell someone what cyberbullying is.

MATERIALS

Cyberbullying definitions (you can use the accompanying slides), pens and paper.

INSTRUCTIONS

1. Introduce the exercise to the children, and present the objectives and outcomes.
2. Ask the children if they have heard of the term “cyberbullying” to get an idea of how many are aware of the concept.
3. Present the children with the following keywords and ask them to use the keywords (or similar) to produce a definition of cyberbullying: “computer,” “bullies,” “internet,” “someone.” If they appear to be struggling, present the following definition of cyber: “anything related to phone computers or the internet.” Then present the following definition of bullying – “when someone is mean to you or makes you feel sad or weak.”
4. Encourage volunteers to read the definitions aloud.
5. Present the children with the following definition of cyberbullying – “When someone bullies you on the computer, phone or over the internet.”
6. Ask the children if they know anything else about cyberbullying.
7. Ask the children if they would like to share any experiences of cyberbullying and how it made them feel (be sensitive about the child’s comfort when doing this).
8. End the exercise by covering up the definition of cyberbullying (if presenting it using a computer), and ask each child to write the definition down off by heart. Tell them they’ll be tested! Choose people at random to see if they have remembered it correctly.

EVALUATION

Following step 3, ask the children to compare their definitions of cyberbullying with another person.

At the end, ask the children to rate on a scale how important it is to know about cyberbullying (you can use the rating scale on the accompanying slides to do this).

NOTES

When presenting definitions, either read them out or use the accompanying slides.

Tell the children to not worry if they cannot remember word-for-word but to try their best.

Thinking about it is the most important part!