

# Inappropriate cyber behavior and requests

Ages 16+



THE CYBERSMILE FOUNDATION

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## OBJECTIVE

To know that you should ignore requests that involve acting inappropriately.

To know that you should not ask other people to act inappropriately.

## OUTCOME

To be aware that acting inappropriately online, over the phone and in general can have damaging consequences.

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## MATERIALS

Sheets of paper, pens, stapler.

1. Introduce the exercise to the class, and present the objectives and outcome.
2. Get the students to write down a secret or something about themselves they would not want anyone to know about or see. For example, they have a fear of spiders. Make sure the students don't write their names on their papers when they do this.
3. Ask the students to fold up their paper and seal it using a stapler.
4. Get each student to give their folded paper to someone they trust or know well in the class.
5. Now get the 'trustworthy' person to pass it on to someone else at random (no one should be able to read the paper at this point).
6. Ask each student to say how they felt when the 'trustworthy' person had it and when the random person had it.
7. Ask them how they would feel if the people who read it then shared it around with others.
8. End the exercise by explaining to the students that this exercise shows cyberbullying in a physical form and that the emotions they felt are the emotions that cyber victims are likely to experience, if not worse. Explain to the class that if they send information about themselves online then it can get shared around very quickly. So encourage them to always think twice before sending information online or over the phone. Also explain to the students that they should never ask someone to do something that the person feels uncomfortable doing or that they themselves would feel uncomfortable doing.

## NOTES

- Make sure you collect all the sheets of paper and throw them away carefully so no one can read them.