

Forms of cyberbullying

Ages 14–16



THE CYBERSMILE FOUNDATION

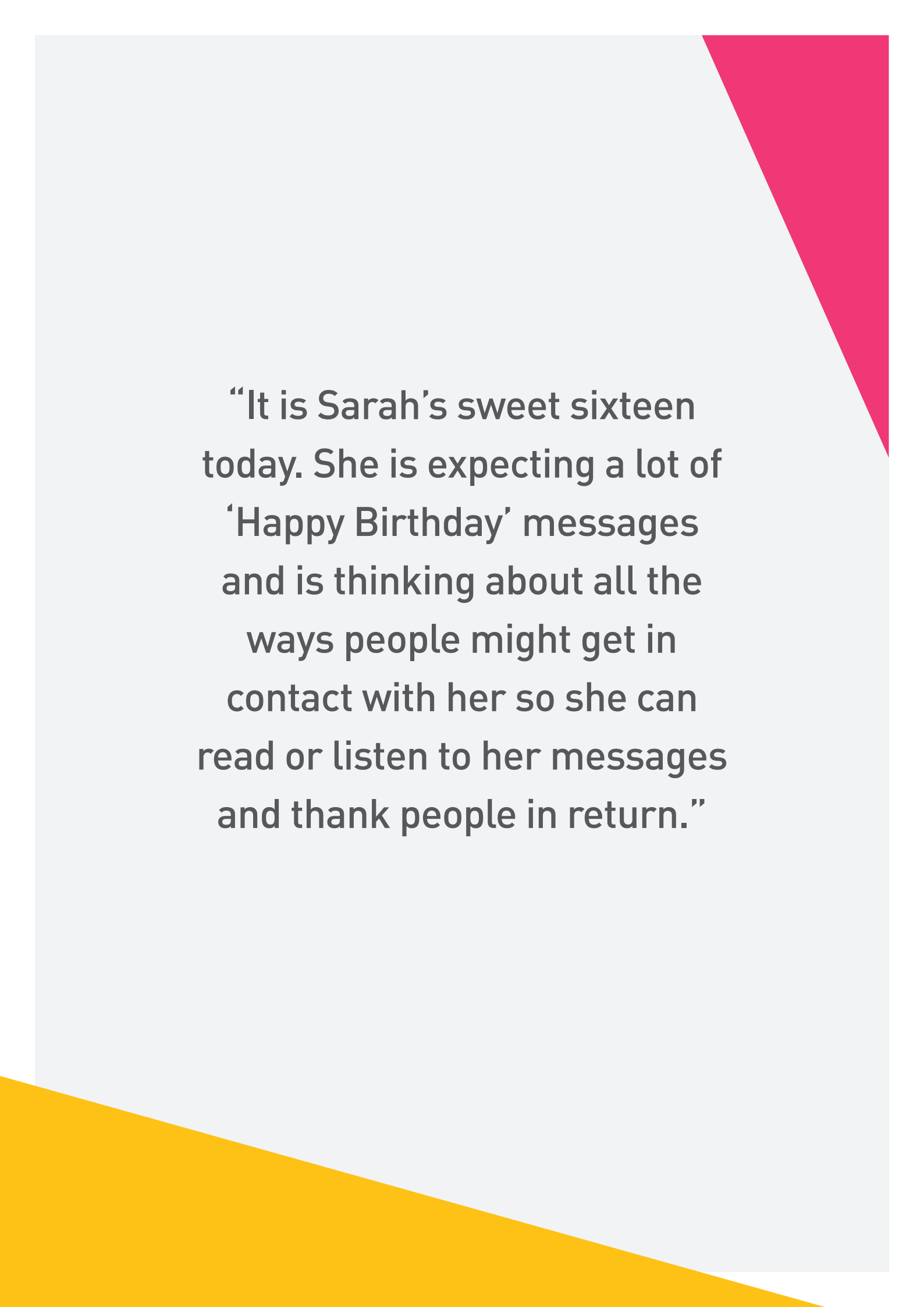
Forms of cyberbullying

OBJECTIVE

To be aware of the different ways people can be cyberbullied.

OUTCOME

To understand that the more online sites you use, the more you are putting yourself at risk of being cyberbullied.



“It is Sarah’s sweet sixteen today. She is expecting a lot of ‘Happy Birthday’ messages and is thinking about all the ways people might get in contact with her so she can read or listen to her messages and thank people in return.”

Potential answers

Facebook

Computer

Twitter

Phone

(Call, text, voicemail)

iPad

Instagram

Snapchat

15 MINS

14-16 YRS

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OBJECTIVE

To be aware of the different ways that a person can be bullied.

OUTCOME

To appreciate that there are many ways that cyberbullying can occur.

MATERIALS

A copy of the story below (also on the accompanying slides), pens and paper.

INSTRUCTIONS

1. Introduce the exercise to the class, and present the objective and outcome.
2. Explain there are lots of ways that a cyberbully can bully someone.
3. Present the following story -
"It is Sarah's sweet sixteen today. She is expecting a lot of 'Happy Birthday' messages and is thinking about all the ways people might get in contact with her so she can read or listen to her messages and thank people in return."
4. Ask the students to write down all of the different ways Sarah could be contacted. Encourage them to be specific in their answers such as to write the names of websites and social media platforms.
5. Discuss the answers that the students have written.
6. Ask the students how these forms of cyberbullying may create problems, for example; someone can prank call or harass you, your Facebook or Twitter account could get hacked and negative comments can be written about you.
7. End the exercise by making the students aware that the more websites they use, the more they are putting themselves in danger of being cyberbullied.

EVALUATION

- Ask the students to list or say aloud as many other websites or mediums they can think of through which cyberbullying can occur.
- Be sure to mention other common forms of cyberbullying that may not have been stated such as on forums, blogs, emails, chat rooms and via SMS messages.