

# Equality awareness

Ages 16+



THE CYBERSMILE FOUNDATION

# Equality awareness

## OBJECTIVE

To appreciate that there are many differences between people.  
To acknowledge what these differences are.

## OUTCOME

To understand that these differences need to be respected.  
To understand that despite these differences, people need to be treated equally.

Name as many differences  
among people as you can.

20 MINS

16+ YRS

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## MATERIALS

Paper, coloring materials, painting materials, pencils, erasers, pens.

## INSTRUCTIONS

1. Introduce the exercise to everyone, and present the objectives and outcomes.
2. Ask the students to name as many differences between people as they can and write their responses down.  
Here are some examples:
  - Disability
  - Gender
  - Race
  - Sexuality
3. Ask everyone to spend 15 minutes creating a picture or poem (give them a choice) about equality.
4. End the exercise by stating to everyone that there are a lot of differences in the world between people, but these differences need to be respected so that all are treated equally.

## EVALUATION

- Get a few volunteers to present their creation and ask everyone to discuss what messages the work is giving.

## NOTES

- If anyone has any other creative ideas apart from a picture or poem, this is also great!