

# Egger effect

Ages 11–14



THE CYBERSMILE FOUNDATION

# Egger effect

## OBJECTIVE

To learn what the role of an “Egger” is in cyberbullying.

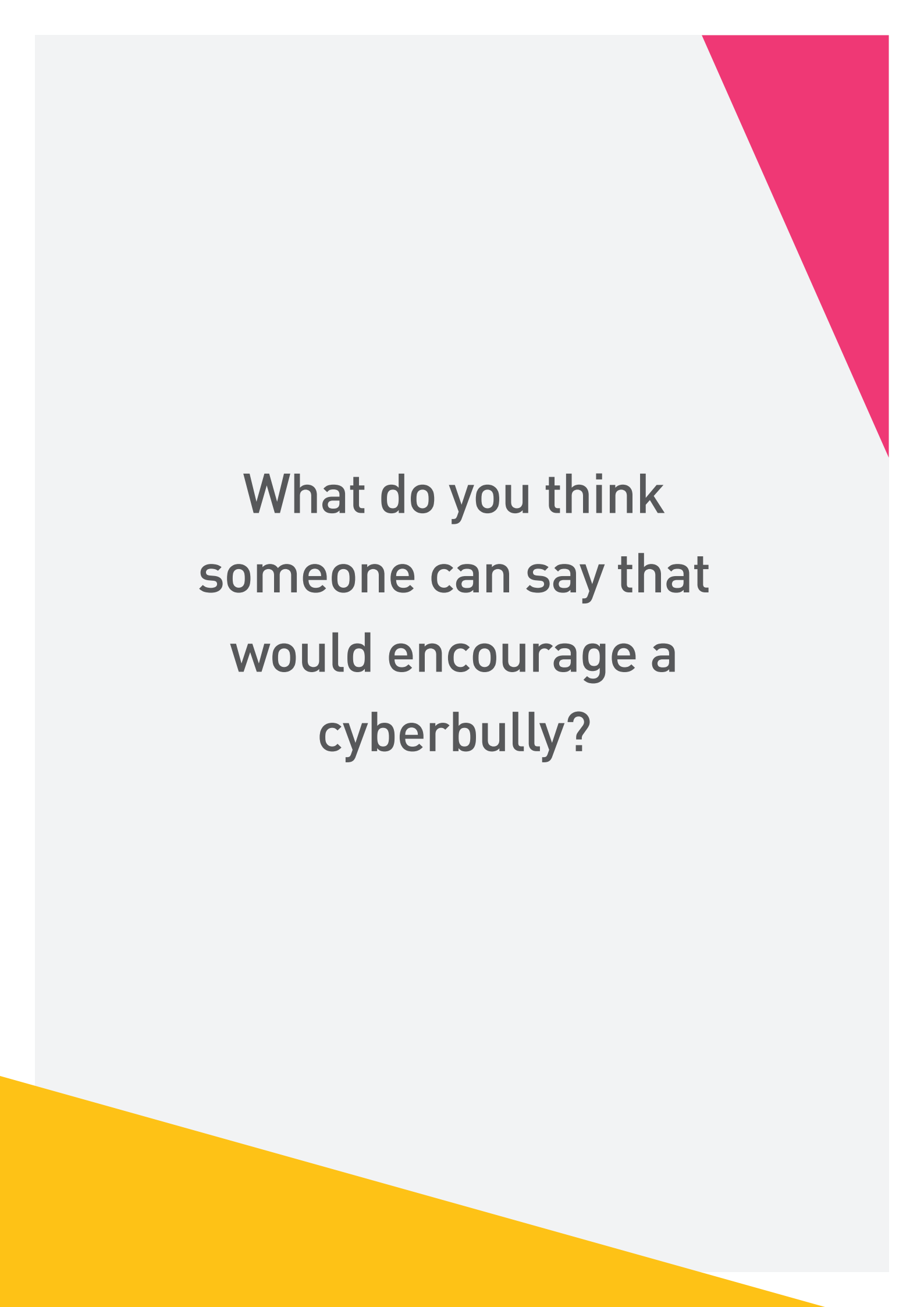
## OUTCOME

To be aware that being an egger can make a cyberbullying situation worse for a cyber victim.



# EGGER

Someone who supports and encourages a cyberbully.



**What do you think  
someone can say that  
would encourage a  
cyberbully?**

10 MINS

11-14 YRS

# Egger effect

## OBJECTIVE

To learn what the role of an “Egger” is in cyberbullying.

## OUTCOME

To be aware that being an egger can make a cyberbullying situation worse for a cyber victim.

## MATERIALS

Flip chart, white board and marker, a copy of the definition below of an “Egger” (you can also use the accompanying slides).

## INSTRUCTIONS

1. Introduce the exercise to the children, and present the objectives and outcomes.
2. Ask the children to think of different comments that someone can write that may encourage a cyberbully. Here are some examples:  
“LOL!,” “Haha!” “That’s so true,” “I never liked them either,” “LMAO,” “Rofl.”
3. Write down the responses as the children say them.  
Present the following definition of an “Egger” - “Someone who supports and encourages a cyberbully.”
4. Then ask the children if they have ever intentionally or unintentionally encouraged a cyberbully. If so, how did the cyberbully or cyber victim react based on that encouragement? Encourage the children to be as honest as possible.
5. End the exercise by saying to the children that by encouraging a cyberbully, an egger becomes a part of actually cyberbullying the victim, which could worsen the effects for the cyber victim.

## EVALUATION

- Ask the children to work in small groups and produce a brainstorm of the different ways that an egger could affect a cyber victim.

## NOTES

- If none of the children have any experience with this previously, ask them to imagine the scenario.