

# Characteristics of a cyber victim

Ages 16+



THE CYBERSMILE FOUNDATION

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## OBJECTIVE

To understand why some people may be targeted by cyberbullies.

## OUTCOME

To realize that you should get to know someone properly before you make judgments about them.

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## MATERIALS

A copy of the pictures and captions below to present (you can also show them using a computer or external monitor).

### INSTRUCTIONS

1. Introduce the exercise to the students, and present the objective and outcome.
2. Present the four pictures below to the class all at once:



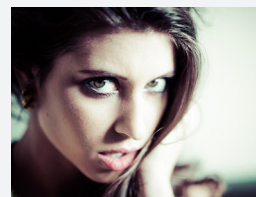
PICTURE 1



PICTURE 2



PICTURE 3



PICTURE 4

3. Ask the students to shout out comments for each picture, for example, they can make judgments about the way they look.
4. Then show the images again to the class with the captions underneath describing each one:



PICTURE 1

She lost her whole family and home in an earthquake.



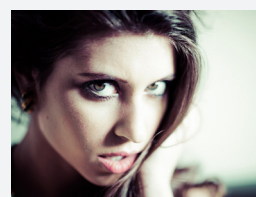
PICTURE 2

He has a rare medical condition where he can't lose weight.



PICTURE 3

He has to get good grades otherwise his stepdad will abuse him.



PICTURE 4

She has been housebound for 5 years and suffers from anxiety and depression. Her dream is to become a model.

## INSTRUCTIONS CONT.

5. Ask the students what they now think about what they said.
6. End the exercise by explaining that people can get picked on by bullies and/or cyberbullies based on their appearance, but you never know what that person's life is like or what they are going through. The moral of the exercise is to never judge someone based on how they look.